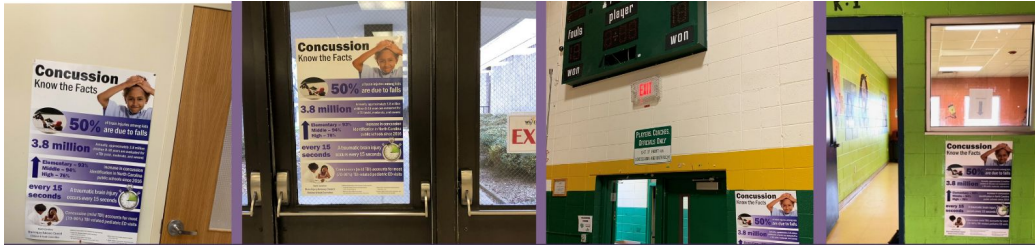


Brain Waves



Quarterly Practice Brief for NCDPI TBI Approved Providers January 2021



Bringing Awareness to Concussion Facts!

Thank you to everyone who has posted and distributed materials so far!

Bladen County Schools
Boys and Girls Club (Tar River)
Buncombe County Schools
Cary Christian School
Chapel Hill-Carboro City Schools
Chapel Hill Pediatrics
Charlotte-Mecklenburg Schools
Chatham County Schools
Cumberland County Schools
Edgecombe County Schools
Guilford County Schools
Harnett County Schools

Jackson County School System
Moore County Schools
Nash County Public Schools
Public Schools of Robeson County
Richmond County Schools
Salvation Army (Wake County)
Sampson County Schools
Scotland County Schools
Union County Public Schools
Wayne County Schools
Weldon City Schools
Wilson County Schools
Winston-Salem/Forsyth County Schools

REQUEST YOURS TODAY!

Thank you to the public schools and community organizations that have supported concussion awareness by displaying these FREE materials! Request your copies! More info on page 2!

Did you attend the NCSA Virtual Fall Conference?

If you attended the session "Introducing the Wide Range Assessment of Memory and Learning, 3rd Edition (WRAML3)", you can **update your TBI Provider profile** with that 1.5 clock hours (.15 CEU) of professional learning! Follow these simple steps:

1. Go to the [Provider Portal](#) from the DPI School Psych website
2. Click "CEU Documentation Form"
3. Complete the form and attach your attendance certificate from the conference!

If you can't find your certificate from the conference, or need any other additional information, please contact NCSA at ncspamembers@gmail.com.



NCSA Fall Conference 2020
Comprehensive & Equitable
Services for All Children

Every. Single. One.

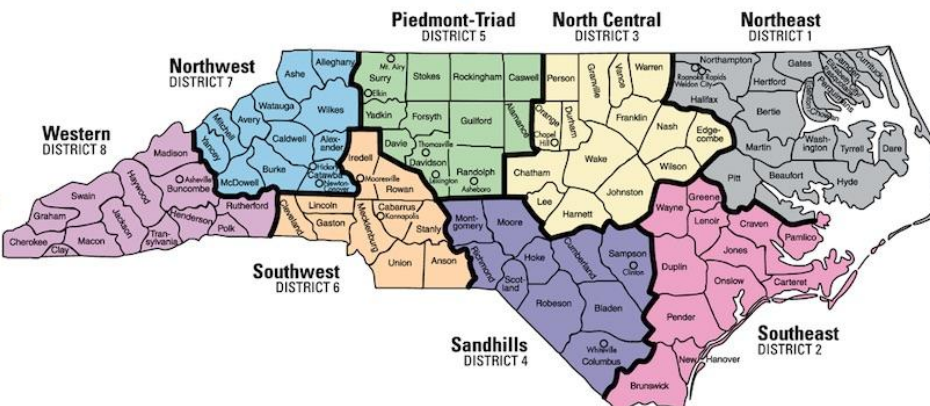
Helmets Save Lives!



Apply to receive **free** bicycle helmets from the NC DOT! Helmets save lives. While less than half of all children typically wear one while biking, helmets can reduce the risk of severe brain injuries by nearly 90

percent. **Applications must be submitted by 5 p.m. on Jan. 15.** Applicants have the option of requesting 25, 50, 75 or 100 helmets, and awardees will receive them by April 30, 2021.

[Learn more here!](#)



Communities of Practice (CoP)

Use the links below to access your CoP. You can submit a question/topic on the forum or create an "event" to get live support from your colleagues via Google Meet.

[North Central/Northeast](#)

[Northwest/Western](#)

[Piedmont-Triad/Southwest](#)

[Sandhill/Southeast](#)

Concussion Monitoring/Return to Learn During Remote Instruction COVID-19

Submitted by Jennifer Bibbs,
Guilford County Schools

Return to Learn (RTL) is trained annually in Guilford County Schools (GCS). Our TBI team provides in-service training to our new school psychologists, to school counselors, and to school social workers. We also provide training to school administrators.

Due to remote instruction and social distancing requirements in 2020-2021, GCS has adapted our RTL trainings. A virtual training on concussions and implementing concussion support plans was provided. This training included an overview of concussions, the GCS process for developing, implementing, and monitoring concussion support plans, and a concussion case study. Additionally, our Return to Learn presentations have been pre-recorded and distributed to our student support personal and administrators.

We have several guidance documents and resources that our schools can access through the psychological services page. Several of our schools have needed to problem solve developing concussion support plans for students during remote instruction. Those schools have consulted and collaborated with our TBI team members and their school based school psychologist as needed. Our TBI team members are always available to consult on a case by case basis.

Request Concussion Awareness Posters & Brochures!

Supporting Students With TBI During Remote Learning

Check out the resources below



Because students with brain injury may have difficulty with some aspects of online learning, [BrainSTEPS](#) developed a list of academic adjustments that can be used with students participating in remote online learning during the pandemic.



Cindy Pahr, M.Ed., CBIST, discusses the impact of distance learning on students with acquired brain injuries, their families, and their teachers. This video is part of the [COVID-19](#) video series by the Brain Injury Association of America.



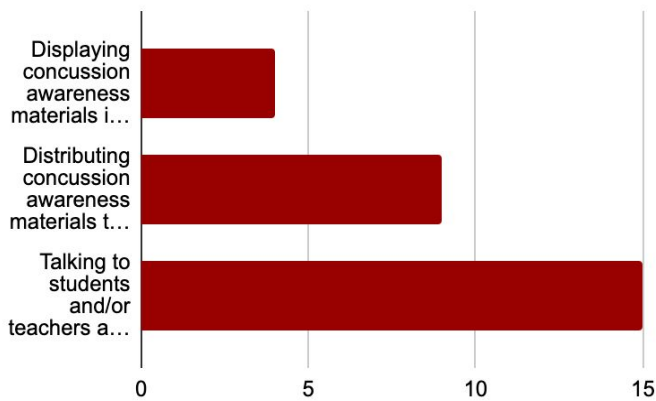
Moving instruction online has shifted the time and the place of tasks for all students. But for students with disabilities, this shift may have more serious implications since most disability plans (i.e., IEPs) were not developed for remote learning. To support teachers designing and enacting online learning who lack experience, we offer the following [framework](#) for determining what strategies might help students.

1. Establish/Restore Competence
2. Adapt the Context
3. Alter the Task
4. Prevent Future Difficulties

TBI Providers: 2020 in numbers (July-Dec 2020)

Prevention

Have you done any prevention work this year? If so, what did that look like?



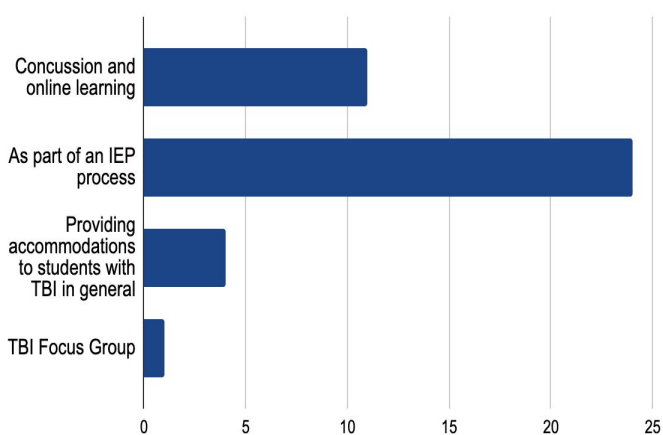
Intervention

Have you done any intervention work this year? If so, what did that look like?

- Our team provided schools with a concussion presentation that focused on interventions. Our TBI team is creating a OneNote document with interventions from the Colorado manual for each construct area.
- Edgenuity via homebound services/virtual learning

Consultation

Have you done any consultation work this year? If so, what did that look like?

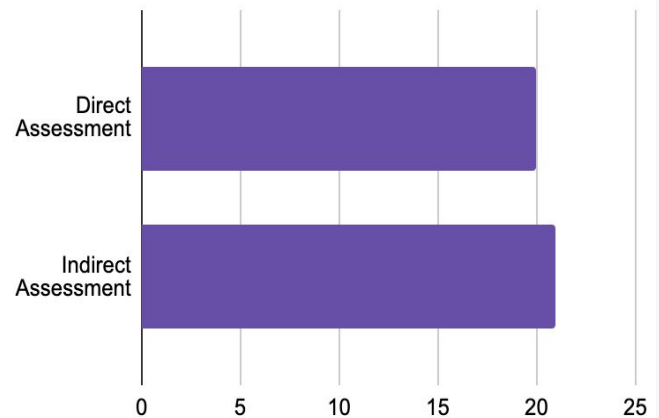


For how many TBI cases have you been a consultant this year?

- Range = 0-40
- Average = 4
- Median = 2

Assessment

Have you done any assessment work this year? If so, what did that look like?



For how many TBI cases have you been involved as an assessor this year?

- Range = 0-20
- Average = 2
- Median = 1

Other Comments

- ...parents of our more medically involved children have opted out of even our hybrid remote/in-person facilitated assessment process until the pandemic is resolved...
- I feel that staff have been less interested in receiving education about TBI this year...I feel like I seem like the nerdy-too eager psych to keep TBI a "hot-topic"...
- EC testing has not been parent's priority over keeping their child healthy
- Met with our TBI PLC and a smaller group about multidisciplinary reports and assessments for lower functioning children.
- Our team has created multiple resources for our TBI team (report template, presentations, updated parent and teacher questionnaires, discussing observations (systematic and qualitative), reviewing our consultation model).
- ...In our small rural system, we often only have a few a year under normal circumstances. I wonder if people staying at home has led to fewer TBIs.

Wishing you all the best in 2021!